



SRI SATHYA SAI NATIONAL COUNCIL OF SOUTH AFRICA



National Information & Publications

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**2015 Ladies Retreat, Train the Trainer Program, Women empowerment, upliftment & development
Held at Halfway House Primary School Midrand, Johannesburg**



A talk on parenting for Young & Future mothers by Sr Rehanie Maharaj- Provincial Ladies Wing Convener



A presentation on knitting and sewing by Sisters from Durban. This was created to empower woman and help serve the needy



Presentation on Aromatherapy. This is used to invigorate, calm, and relieve stress and much more by Sr Fazlyn



Presentation on Arts and crafts by Sr Roshini- Ladysmith. Arts and crafts continues to inspire every individual with limitless creativity.



A Presentation on Baking by Sister Mogie and Team- Johannesburg West. "Bake the world a better Place!"



Ladies were given another wonderful opportunity to engage in Laksharchan chants. To evoke the Divine in you, there is no better method than chanting the Lord's name.

Aum Sai Ram

The weekend was so productive and informative, and my life was so enriched that I need to take the skills training back to my region and start making the items. The program was dedicated with love, it also helps to control Ceiling of Desires. Devotees to recognize the importance of soft skills training, and the vital importance of not wasting money.

Loving Sai Ram
Devi Ramen



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A program created to uplift and empower girls & women the opportunities to develop self-esteem, confidence, and life skills and to become self-employed and entrepreneurial. Throughout the program, women were not limited but inspired by the skills training.