

SRI SATHYA SAI CENTRAL COUNCIL OF SOUTH AFRICA
National Spiritual Wing

S2 - SRI SATHYA SAI SUPRABHATAM:

‘Su’ means good, auspicious and ‘Prabhath’ means morning. ‘Suprabhatam’ refers to the morning prayers that are chanted in praise of the Lord to awaken the divinity present within each individual. It is the act of dedicating oneself to the Lord and praying for His blessings right at the start of a new day.

1. Easwaramba Suthah Shreeman Poorvaa Sandhyaa Pravarthathe Utthishta Sathya Sayeesha Karthavyam Daivam Aanhikam	<i>O Son of Easwaramba! O Resplendent Majestic One! Dawn is heralding in the East. The daily tasks of Divinity, which Thou hast undertaken has to be accomplished, therefore, awake, O Lord Sathya Sai</i>
2. Utthishtotthishta Partheesha Utthishta Jagadheepathy Utthishta Karunapoorna Loka Mangala Siddhaye	<i>Awake, Awake, O Lord of Parthi! O Lord of the entire Universe and Mankind! Awake, O Compassionate Lord! So that the world attain auspiciousness, happiness, prosperity, welfare and blessings.</i>
3. Chitraavathi Thata Vishaala Sushaantha Soudhey Thishtanthi Sevaka Janaah Thava Darshanaartham Aadhithya Kaanthiranubhaathi Samastha Lokaan Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>In the vast Mansion, full of bliss and tranquility, (Prashanthi Nilayam) on the banks of the river Chitravathi, those anxious to serve Thee are waiting for Thy Darshan. The radiance of the Sun is illumining the World. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.</i>
4. Thwannaama Keerthana Rathaah Thava Divya Naama Gaayanthi Bhakthi Rasa Paana Prahrushta Chiththaah Daathum Krupaasahitha Darshanamaashu Thebhyah Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>Devotees engrossed in singing Thy Glory are happy and blissful, when they taste the nectar of devotion. Kindly shower Thy Grace by granting them Thy Darshan. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.</i>
5. Aadhaaya Divya Kusumaani Manoharaani Sreepaada Poojana Vidhim Bhavadanghri Mooley Karthum Mahotsukathayaa Pravishanti Bhakthaah Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>Bringing holy flowers with captivating colors and fragrance, for worshipping Thy Lotus Feet, in the form as prescribed by the scriptures, Thy devotees are coming in, with great yearning and enthusiasm. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day</i>
6. Desaantharaagatha Budhaah Thava Divya Moorthim Sandharshanaabhirathi Samyutha Chiththa Vruthyaa Vedoktha Manthra Pathanena Lasanthyajasram Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>Wise persons from distant countries, moved by yearning to have Thy Darshan, have come and they are having great delight in reciting constantly mantras of the Vedas. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.</i>
7. Shruthva Thavaadbhutha Charithram Akhanda Keerthim Vyaaptham Diganthara Vishaala Dharaathalesmin Jignaasu Lokaupathishtathi Chaasramesmin Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>Hearing Thy marvellous tales and fame that has reached the farthest horizons, earnest seekers of Reality have come to this place and are waiting. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.</i>
8. Seetha Sathee Sama Vishuddha HridhambuJaathaah Bahvanganaa Kara Gruheetha Supushpa Haaraah Sthunvanthi Divyanuthibhih Phani Bhushanam Thwaam Sri Sathya Sai Bhagawan Thava Suprabhatham	<i>Women devotees, whose (petals of) heart are unattached to the world like Lotus petals (which are unattached to the water in which they grow, even though they cannot survive without water) and are similar to Mother Seetha in virtues and pioussness are singing Thy Glory - the Glory of Lord Shiva adorned with Serpent around His neck - through holy hymns holding excellent flower garlands in their hands. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day</i>
9. Suprabhatham Idam Punyam Ye Patanthi Dine Dine Tey Vishanthi Param Dhaama Jnaana Vijnana Shobhithaah	<i>Whoever daily recites this morning awakening Hymn will attain the Highest Abode resplendent with the Supreme intelligence as well as Supreme wisdom.</i>
10. Mangalam Guru Devaaya Mangalam Jnaana Dhaayine Mangalam Parthi Vaasaaya Mangalam Sathya Saayine	<i>May the divine Guru be auspicious to us; May the Bestower of wisdom be auspicious to us; May the Lord, Who manifested in Parthi be auspicious to us; May Bhagawan Sathya Sai Baba be auspicious to us.</i>

Inner Significance of Suprabhatam

In the dawn when we recite the Suprabhatam, we must realize that the Lord is there within us. It is He who is to perform all actions through our Indriyas (Senses). Our actions should be such that they can be termed Divine. Each time we perform an act or generate a thought, we should try to synchronize with Sai's action and thought. As each new day begins in the morning, we should chant this Suprabhatam and remind ourselves of the existence of the Lord within us.

Easwaramba Sutha refers to all of us. We are all children of Divinity. Our body is Puttaparthi. The devotees eagerly waiting are the Indriyas (senses). The fruits and the flowers and the offerings are our deeds. The women who are pure as Sita or Sati are the feminine aspect of the power within each of us, as Ichcha Shakti (Will Power), Kriya Shakti (energy for action), Vichar Shakti (thinking power), Vaak Shakti (Power of speech), etc. Shakti (energy or power) signifies the feminine aspect. In this manner if we try to awaken the Lord within us (realize His Presence), surely we will reach this Abode which is resplendent with Gnyan (knowledge), Vignyan (Science), Sugnyan (Spiritual knowledge) & we will be liberated.

References: <http://www.srisathyasai.org.in/Pages/prayers/prayers.htm> AND http://www.saibabaoindia.com/bhagavan_sri_sathya_sai_baba_suprabhatham.htm