

SRI SATHYA SAI CENTRAL COUNCIL OF SOUTH AFRICA
National Spiritual Wing

S4 – THE THREE SAI MANTRAS

Sai Eeshvaraaya Gayatri

On 24 December 1977, in Thrayee Brindavan, the Sai (Eeshvara) Gaayathree was revealed by Swami to Ghandikota Subrahmanya Shaastri, doyen of Vedhik learning, culture, and practice.

Aum

Name and audible form of God

Saayeeshvaraya Vidhmahe

We know this Sai as supreme divinity incarnate

Sathya-Dhevaaya Dheemahi

We meditate on this God of Truth

Thannah-Sarvah Prachodayaath

May this Almighty All-in-all Personality lead us on the path of total liberation

Sai Eeshvaraaya Gaayathree serves as a bridge to the divine cosmic life Principle of Eeshvara. It is related to the deepest Super consciousness in us all. The best time to chant this Gaayathree is 4AM to 10AM

Sai Suurya Gayatri

Years later, on 22 September 1997 the Sai Suurya Gaayathree was revealed to Ghandikota V. Subba Rao, Ghandikota Subrahmanya Shaastri's son, when Sathya Sai Baba was riding the Golden Chariot.

Aum

Name and audible form of God

Shree Bhaaskaraaya Vidhmahe

We know this Self-shining Entity

Saayi-Dhevaaya Dheemahi

We meditate on this divinity as Sai Suurya

Thannah-Suurya Prachodayaath

May this divine Light enlighten us on the path of liberation

Sai Suurya Gaayathree relates to the body level in cosmic form - Suurya is the Sun God. It is related to consciousness in the outer world. The best time to chant this Gaayathree is 10AM to 4PM.

Sai Hiranyagarbha Gayathree

On 15 February 1999 the Sai Hiranyagarbha Gaayathree was revealed to Ghandikota V. Subba Rao, during Mahaashivaraathree. The last line of the Sai Hiranyagarbha Gaayathree was actually first said by Sathya Sai Baba, as Subba Rao was struggling to complete the Gaayathree

Aum

Name and audible form of God

Premaathmanaaya Vidhmahe

We know this embodiment of divine Love, Sathya Sai

Hiranyagarbhaaya Dheemahi

We meditate on this Golden-wombed divine personality

Thannah-Sathyah Prachodayaath

May the Truth Incarnate, Shree Sathya Sai, inspire us on the path of liberation

Sai Hiranyagarbha Gaayathree enables us to link with the divine cosmic Mind, Hiranyagarbha (Golden-wombed Divinity). It is related to the subconscious-psychosomatic conscience. The best time to chant this Gaayathree is 4PM to 10PM.

It was Sathya Sai Baba Himself who coined the term "Saithree" for these three Sai Gaayathrees.

References: <http://www.sathyasai.org/devotion/saithree/saithree.htm>
BOOK: Saithree: Manthra, Yantra, Thantra by Ghandikota V. Subba Rao