

SRI SATHYA SAI CENTRAL COUNCIL OF SOUTH AFRICA
National Spiritual Wing

S27 - UNIVERSAL VEDIC PRAYER:

Asatho Maa Sad Gamaya

Lead me from untruth to truth;

*O Lord, lead me from the false, deluding earthly joys and pleasures to the Eternal Truth of Bliss
(Ananda) of the Divine within*

Thamaso Maa Jyothir Gamaya

Lead me from darkness to light;

*O Lord, lead me from the darkness of ignorance binding me to this perishable body into the
Eternal Light of the Soul Divine within*

Mrithyor Maa Amritham Gamaya

Lead me from death to immortality.

*O Lord, lead me from death to the Eternal Life, Divine, of oneness with you, within and all around
forever and make me immortal*

In Prashanthi Vahini (pg 18) Bhagawan explains:

Even for being blessed by the Lord's Grace, one must have Santhi and await patiently. Serenity alone succeeds in bringing about the result of Sadhana. Add this lesson to the practices you are engaged in, night and day, and to the Santhi Mantra.

*"Asatho maa sadgamaya;
thamaso maa jyothirgamaya;
mrityor maa amritham gamaya,"*

this is the Santhi Mantra.

The meaning of this mantra is given variously by various people, some elaborately, some succinctly.

- "O, Lord, when I am deriving happiness through the objects of this world, make me forget the unreal objects and show me the way to permanent happiness," this is the first prayer.
- "O Lord, when the objects of the World attract me, remove the darkness which hides the all-pervading Atma, which every such object really is." This is the second prayer.
- "O Lord, bless me through Your Grace with Immortality or Paramananda, resulting from the awareness of the Effulgence of the Atma, immanent in every object." This is the third prayer. This is the real meaning of the Mantra.

References: <http://www.srisathyasai.org.in/Pages/Prayers/prayers.htm>
<http://www.ssbpt.info/vahinis/prasanthi/prasanthi.pdf>