



puruṣa sūktam

tacchaṃ yorāvṛṇīmahe | gātum yajñāya | gātum yajñapataye |
daiṃ svastirastu naḥ | svastirmānuṣebhyaḥ | lurdhvaṃ jigātu bheṣajam | śaṃ no astu
dvipade | śaṃ catuṣpade
om śāntiḥ śāntiḥ śāntiḥ ||

sahasrāśīrṣā puruṣaḥ | sahasrākṣaḥ sahasrapāt |
sa bhūmim viśvato vṛtvā atyatiṣṭhaddaśāṅgulam ||
puruṣa evedagm sarvam | yadbhūtam yacca bhavyam utāmṛtatvasyeśānaḥ |
yadannenātirohati ||
etāvānasya mahimā | ato jyāyāgścā pūruṣaḥ |
pādo'sya viśvā bhūtāni | tripādasyāmṛtaṃ divi ||
tripādurdhva udaitpuruṣaḥ | pādo'syehā'bhavātpunaḥ |
tato viśvaṅvyākṛamat | sāsānānaśane abhi ||
tasmādvirāḍajāyata | virājo adhi pūruṣaḥ |
sa jāto atyaricyata | paścādbhūmimatho puraḥ ||
yatpuruṣeṇa haviṣā | devā yajñamatanvata |
vasanto asyāsīdājyam | grīṣma idhmaśśaraddhaviḥ || saptāsyāsanparidhayaḥ | triḥ
sapta samidhaḥ kṛtāḥ |
devā yadyajñam tanvānāḥ | abādhnānpuruṣam paśum |
taṃ yajñam barhiṣi praukṣan | puruṣam jātamagrataḥ
tena devā ayajanta | sādhyā ṛṣayaśca ye ||
tasmādyajñātsarvahutaḥ | sambhṛtam pṛṣadājyam | paśūgstāgścakre vāyavyān |
āraṇyāngrāmyāśca ye tasmādyajñātsarvahutaḥ | ṛcaḥ sāmāni jajñire |
chandāgmsi jajñire tasmāt | yajustasmādjāyata |
tasmādaśvā ajāyanta | ye ke cobhayādātaḥ | gāvo ha jajñire tasmāt | tasmāj jātā ajāvayaḥ ||
yatpuruṣam vyādadhuh | katidhā vyakalpayan |
mukhaṃ kimasya kau bāhū | kaavūrū pādāvucyete ||
brāhmaṇo'sya mukhamāsīt | bāhū rājanyaḥ kṛtāḥ |
ūru tadasya yadvaiśyaḥ | padbhyāgm sūdro ajāyata ||
candramā manaso jātaḥ | cakṣoḥ sūryo ajāyata |
mukhādindraścāgniśca | prāṇādvāyurajāyata ||
nābhyā āsīdantarikṣam | śīrṣṇo dyauaḥ samāvartata |

padbhyām bhūmirdiśaḥ śrotrāt | tathā lokāgm akalpayan || vedāhametaṃ puruṣam
mahāntam | ādityavarṇam tamasastupāre | sarvaṇi rūpāni vicitya dhīraḥ | nāmāni
kṛtvā'bhivadaṇ ,yadāste ||

dhātā purastādyamudājahāra | śakraḥ pravīdvānpradiśaścatasraḥ |
tamevaṁ vidvānamṛta iha bhavati | nānyaḥ panthā ayanāya vidyate ||
yajñena yajñamayajanta devāḥ | tāni dharmāni prathamānyāsan

te ha nākaṁ mahimānaḥ sacante | yatra pūrve sādhyāḥ santi devāḥ ||
adbhyaḥ sambhūtaḥ pṛthivyai rasācca || viśvakarmaṇaḥ samāvartatādhi |
| tasya tvaṣṭā vidadhadrūpameti tatpuruṣasya viśvamājānamagre
vedāhametaṁ puruṣaṁ mahāntam | ādityavarṇam tamasaḥ parastāt |
tamevaṁ vidvānamṛta iha bhavati | nānyaḥ panthā vidyate yanāya ||
prajāpatiścarati garbhe antaḥ | ajāyamāno bahudhā vijāyate |
tasya dhīrāḥ pariḥanti yonim | marīcīnām padamicchanti vedhasaḥ ||
yo devebhya ātāpati | yo devānām purohitaḥ |
pūrvo yo devebhyo jātaḥ | namo rucāya brāhmaye |
rucam brāhmaṁ janayantaḥ | devā agre tadābruvan |

yastvaivaṁ brāhmaṇo vidyāt | tasya devā asan vaśe |
hrīśca te lakṣmīśca patnyaū | ahorātre pārśve |
nakṣatrāṇi rūpam | aśvinau vyātam |
iṣtam maṇiṣāṇa | amum maṇiṣāṇa | sarvaṁ maṇiṣāṇa

tacchaṁ yorāvṛṇīmahe | gātum yajñāya | gātum yajñapataye |
daivī svastirāstu naḥ | svastirmānuṣebhyaḥ |
ūrdhvaṁ jigātu bheṣajam | sam no astu dvīpade | sam catuṣpade
om śāntiḥ śāntiḥ śāntiḥ ||