



## puruṣa sūktam

tacchaṃ yorāvṛṇīmahe | gātum yajñāya | gātum yajñapataye |  
daiṇī svastirastu naḥ | svastirmānuṣebhyaḥ | lurdhvaṃ jigātu bheṣajam | śaṃ no astu  
dvipade | śaṃ catuṣpade  
om śāntiḥ śāntiḥ śāntiḥ ||

sahasraśīrṣā puruṣaḥ | sahasrākṣaḥ sahasrapāt |  
sa bhūmim viśvato vṛtvā atyatiṣṭhaddaśāṅgulam ||  
puruṣa evedagm sarvam | yadbhūtam yacca bhavyam utāmṛtatvasyeśānaḥ |  
yadannenātirohati ||  
etāvānasya mahimā | ato jyāyāgścā pūruṣaḥ |  
pādo'sya viśvā bhūtāni | tripādasyāmṛtam divi ||  
tripādurdhva udaitpuruṣaḥ | pādo'syehā'bhavātpunaḥ |  
tato viśvaṅvyākramat | sāsānānaśane abhi ||  
tasmādvirāḍajāyata | virājo adhi pūruṣaḥ |  
sa jāto atyaricyata | paścādbhūmimatho puraḥ ||  
yatpuruṣeṇa haviṣā | devā yajñamatanvata |  
vasanto asyāsīdājyam | grīṣma idhmaśśaraddhaviḥ || saptāsyāsanparidhayaḥ | triḥ  
sapta samidhaḥ kṛtāḥ |  
devā yadyajñam tanvānāḥ | abādhnānpuruṣam paśum |  
tam yajñam barhiṣi praukṣan | puruṣam jātamagrataḥ  
tena devā ayajanta | sādhyā ṛṣayaśca ye ||  
tasmādyajñātsarvahutaḥ | sambhṛtam pṛṣadājyam | paśūgstāgścakre vāyavyān |  
āraṇyāngrāmyāśca ye tasmādyajñātsarvahutaḥ | ṛcaḥ sāmāni jajñire |  
chandāgmsi jajñire tasmāt | yajustasmādjāyata |  
tasmādaśvā ajāyanta | ye ke cobhayādātaḥ | gāvō ha jajñire tasmāt | tasmāj jātā ajāvayaḥ ||  
yatpuruṣam vyādadhuh | katidhā vyakalpayan |  
mukham kimasya kau bāhū | kaavūrū pādāvucyete ||  
brāhmaṇo'sya mukhamāsīt | bāhū rājanyaḥ kṛtāḥ |  
ūru tadasya yadvaiśyaḥ | padbhyāgm sūdro ajāyata ||  
candramā manaso jātaḥ | cakṣoḥ sūryo ajāyata |  
mukhādindraścāgniśca | prāṇādvāyurajāyata ||  
nābhyā āsīdantarikṣam | śīrṣṇo dyauaḥ samāvartata |

padbhyām bhūmirdiśaḥ śrotrāt | tathā lokāgm akalpayan || vedāhametaṃ puruṣam  
mahāntam | ādityavarṇam tamasastupāre | sarvaṇi rūpāni vicitya dhīraḥ | nāmāni  
kṛtvā'bhivadaṇ ,yadāste ||

dhātā purastādyamudājahāra | śakraḥ pravīdvānpradiśaścatasraḥ |  
tamevaṁ vidvānamṛta iha bhavati | nānyaḥ panthā ayanāya vidyate ||  
yajñena yajñamayajanta devāḥ | tāni dharmāni prathamānyāsan

te ha nākaṁ mahimānaḥ sacante | yatra pūrve sādhyāḥ santi devāḥ ||  
adbhyaḥ sambhūtaḥ pṛthivyai rasācca || viśvakarmaṇaḥ samāvartatādhi |  
| tasya tvaṣṭā vidadhadrūpameti tatpuruṣasya viśvamājānamagre  
vedāhametaṁ puruṣaṁ mahāntam | ādityavarṇam tamasaḥ parastāt |  
tamevaṁ vidvānamṛta iha bhavati | nānyaḥ panthā vidyate yanāya ||  
prajāpatiścarati garbhe antaḥ | ajāyamāno bahudhā vijāyate |  
tasya dhīrāḥ pariḥanti yonim | marīcīnām padamicchanti vedhasaḥ ||  
yo devebhya ātāpati | yo devānām purohitaḥ |  
pūrvo yo devebhyo jātaḥ | namo rucāya brāhmaye |  
rucam brāhmaṁ janayantaḥ | devā agre tadābruvan |

yastvaivaṁ brāhmaṇo vidyāt | tasya devā asan vaśe |  
hrīśca te lakṣmīśca patnyaū | ahorātre pārśve |  
nakṣatrāṇi rūpam | aśvinau vyātam |  
iṣtam maṇiṣāṇa | amum maṇiṣāṇa | sarvaṁ maṇiṣāṇa

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daivī svastirāstu naḥ | svastirmānuṣebhyaḥ |  
ūrdhvaṁ jigātu bheṣajam | sam no astu dvīpadē | sam catuṣpade  
om śāntiḥ śāntiḥ śāntiḥ ||