

SRI SATHYA SAI CENTRAL COUNCIL OF SOUTH AFRICA
National Spiritual Wing

S8 – SAMASTHA LOKAH

In late summer 2008, Bhagawan directed that, hence forward, we should chant:

Samastha Lokah Sukhino Bhavanthu

“Let all the worlds be happy,” (and thereby all the beings in the worlds).

The earlier mantra (see below) referred only to this world.

The new mantra refers to all the worlds and is broader in outlook

It has been customary to sing Lokah Samastha Sukhino Bhavanthu at the end of some devotion sessions. This mantra has been chanted three times after bhajans in Prasanthi Nilayam for years and years. It means, "let all the people in the world be happy" (Lokah has two meanings in Sanskrit, one: people; and the other: world).

<http://www.sathyasai.org/devotion/lokah.html>

“Literally, the word ‘Loka’ connotes both ‘people’ and ‘world’. But the rearrangement of the same sentence subtly differentiates between people and worlds.”

Samasta Lokah Sukhino Bhavanthu, Sri Sathya Sai Books & Publications Trust (2008) – Pg1

“According to the Vedas, there are more than three *Lokas*, or worlds, that are available to the *jiva* (individual) but are assigned to him or her strictly according to their *karmas*. These are fourteen in number, seven comprising the lower world and the other seven the upper world.

Samasta Lokah Sukhino Bhavanthu, Sri Sathya Sai Books & Publications Trust (2008) – Pg3

“The peace and welfare of the nation depends on the peace and progress of the society, which in turn are dependent on the peace and good conduct of individuals. Unless individuals develop mutual regard and tolerance and cultivate oneness towards each other, there can be no peace and harmony in the community. Love is a combination of understanding, sympathy and compassion. These are divine qualities culminating in divine bliss and peace.

Bhagawan Baba says:

Love as thought is Truth
Love as action is Right Conduct
Love as feeling is Peace
Love as understanding is Non-violence.

Bhagawan says further:

The vocal organ, i.e. tongue, is sanctified by the incessant practice of truthful talk. The hands become sacred by constant practice of good deeds. The legs are sanctified by going to sacred places and meeting holy people. The tongue must always sing the glory of God, the hands must engage themselves in deeds of charity and the mind must dwell at all times wishing for peace to all people and to all the worlds. This, in a nutshell, is the divine life that leads one to divine peace or bliss.”

Samasta Lokah Sukhino Bhavanthu, Sri Sathya Sai Books & Publications Trust (2008) – Pg10

References: <http://www.sathyasai.org/devotion/lokah.html>
Samasta Lokah Sukhino Bhavanthu, Sri Sathya Sai Books & Publications Trust (2008)