

SRI SATHYA SAI CENTRAL COUNCIL OF SOUTH AFRICA
National Spiritual Wing

Thursday, 15 July 2010

Sisters and brothers

SPIRITUAL 7 – IMPORTANT MESSAGE TO HEAL BHAGAWAN:

South Africa as a people are exuding a vibrant positivity interspersed with unity and high spirits, emerging from the recent FIFA World Cup. Also, the Love Energy from the National Rehearsals too was most invigorating and enthralling.

Yet, our Bhagawan keeps taking the pounding through man's reckless neglect and abuse towards nature. Sri Vinay Kumar, organiser of the Ati Rudra Maha Yagna and Youth Coordinator for Karnataka took his distraught friend to Bhagawan (in July 2010), who healed him with a Divine smile. His friend walked again having his life restored by Divine Intervention. Then Sri Vinay Kumar asked Bhagawan, "Swami, by Your mere look you cured my friend (without touching). Why can't You cure Yourself?"

To this question, Bhagawan replied, "you people have created extensive damage & disturbance in the five elements. That's why the effects of that I have taken on My Body".

Vinay Kumar then asked, "Swami, how could we eliminate the disturbances so that all the five elements remain intact?"

Bhagawan replied: "Do three Things:

1. **Chant Vedam (Rudram)** that's why I have daily 1hr + 1hr Rudram Chanting here in Prashanti Nilayam (Morning & Evening)
2. **Sing Bhajans with full devotion & dedication** (that's why I have extended Bhajan Sessions here in Prashanti Nilayam)
3. **Do Seva (Selfless Service) with full dedication & surrender**

Practice all the three".

Dear South African devotees. The time has come for us to undo the damage caused to the five elements, thereby restoring Bhagawan's Divine Body. IT IS TIME INTENSITY.

Every devotee in every centre should make an earnest effort to "**learn and chant**" Rudram. To this end, a **CD in MP3 format** is being developed for every centre, which includes the **Rudram Tutor** together with the matching **printed text** from Prashanti.

Bhagawan blesses us with His Divine Darshan everyday despite His frail and affected Divine Body. Whilst we sing bhajans regularly, **how do we sing with FULL DEVOTION & DEDICATION?** Bhagawan explains that Bhava (inner feeling) is the quintessence (purest and most perfect form) of bhajan singing. We can, therefore, aim to promote two important practices:

1. Maintain silence before bhajans to give us some time to prepare mentally before bhajan, and **FEEL THE PRESENCE** of Bhagawan
2. Lower our egos by introducing **paired** (2 to 3) **lead singing** (this is done at Parthi).

Create more and more opportunities for devotees, particularly at centre level, to participate in SEVA (selfless service). At the centre level, a greater participation by devotees is desired and effected. This is a humble plea to chairpersons and seva convenors to **encourage more and more participation** rather than increasing the number of activities. Regular study of the principles of "adwaita through Seva" at study circles can provide guidelines for Selfless Service.

Sai Love

Kishan Bodalina
National Spiritual Convenor